

Insomnia Poems

0" 8" 16" 24" 32"

♩ = 30

Laptops 1 & 2

apartment sounds

Soft Percussion loop

pp

40" 48" 56" 1'04" 1'12" 1'20" 1'28"

6

Voice

pp

Cb. Cl.

sing percussion line

gentle answerphrases to voice, very spacious

pp

1'36" 1'44" 1'52" 2'00" 2'08" 2'16" 2'24" 2'32" 2'40"

13

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

begin moving from percussion line to dialogue with clarinet

cresc poco a poco

begin to dialogue with voice

cresc poco a poco

begin playing, with loop

mp cresc poco a poco

begin playing, Underpin loop with sustained notes

mp cresc poco a poco

cresc poco a poco

2'48" 2'56" 3'04" 3'12" 3'20" 3'28" 3'36" 3'44" 3'52"

22

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

exact exit

cresc molto

exact exit

cresc molto

Guitar solo - ambient free

cresc molto

exact exit

cresc molto

exact exit

cresc molto

4'00" 4'08" 4'16" 4'24" 4'32" 4'40" 4'48" 4'56"

31 exit

LpTp

ambient sound



5'04" 5'12" 5'20" 5'28" 5'36" 5'44" 5'52" 6'00" 6'08"

39 short phrases

Cb. Cl.

E. Gtr. short phrases responding to Clarinet

U. Bass short phrases responding to Clarinet

short phrases responding to Clarinet



6'16" 6'24" 6'32" 6'40" 6'48" 6'56" 7'04" 7'12"

48 short phrases responding to Clarinet

Voice getting faster very slow, lyrical solo voice, recalling opening, but lyrical

Cb. Cl. decresc, softer getting faster very fast exit

E. Gtr. decresc, softer getting faster very fast exit

U. Bass decresc, softer getting faster very fast exit

LpTp decresc, softer getting faster very fast exit street sounds

7'20" 7'28" 7'36" 7'44" 7'52" 8'00" 8'08" 8'16" 8'24"

56

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

Exit

Riff, root E

Riff, root E

Riff, root E

Street rhythm
Loop - groove

SOLO



8'32" 8'40" 8'48" 8'56" 9'04" 9'12" 9'20" 9'28" 9'36"

Piano solo



9'44" 9'52" 10'00" 10'08" 10'16" 10'24" 10'32" 10'40"

74

EXIT SOLO
(Loop continues)

LpTp



10'48" 10'56" 11'04" 11'12" 11'20" 11'28" 11'36" 11'44" 11'52"

82

Voice



12'00" 12'08" 12'16" 12'24" 12'32" 12'40" 12'48" 12'56" 13'04"

91

Voice

13'12" 13'20" 13'28" 13'36" 13'44" 13'52" 14'00" 14'08" 14'16"

100

Voice

100

Cb. Cl.

Exit piano solo

E. Gtr.

E Riff

U. Bass

LpTp

SOLO

Exit

Exit

Exit

Short sporadic sounds, far-off

Exit



14'24" 14'32" 14'40" 14'48" 14'56" 15'04" 15'12" 15'20"

109

Voice

109

Cb. Cl.

E. Gtr.

U. Bass

LpTp

clarinet duet, recalling opening, but lyrical

Continue in A harmonic minor

pp Continue in A harmonic minor

pp Entrance in A harmonic minor

underpin duet

pp Continue in A harmonic minor

pp Entrance in A harmonic minor

pp

15'28" 15'36" 15'44" 15'52" 16'00" 16'08" 16'16" 16'24"

117

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

Contine in C natural minor

Contine in C natural minor

Contine in C natural minor

Contine in C natural minor

Contine in C natural minor

16'32" 16'40" 16'48" 16'56" 17'04" 17'12" 17'20" 17'28"

125

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

High energy in F natural minor

High energy in F natural minor

High energy in F natural minor

High energy in F natural minor

High energy in F natural minor

Ambient apartment sounds

Exit

Exit

Exit

Exit

Exit

17'36" 17'44" 17'52" 18'00" 18'08" 18'16" 18'24" 18'32" 18'40"

133

Cb. Cl.

CLARINET SOLO

18'48" 18'56" 19'04" 19'12" 19'20" 19'28" 19'36" 19'44" 19'52"

142

U. Bass

Respond to Clarinet

20'00" 20'08" 20'16" 20'24" 20'32" 20'40" 20'48" 20'56" 21'04"

151

Cb. Cl.

E. Gtr.

Exit

BASS SOLO

21'12" 21'20" 21'28" 21'36" 21'44" 21'52" 22'00" 22'08"

160

Voice

U. Bass

LpTp

forming a fast riff in Gm with loop

pick up bass phrases and slow with them

slow down bass phrases with loops

Introduce fast 4/4 rhythm

Slow 4/4 rhythm gradually to 1/4th original speed

22'16" 22'24" 22'32" 22'40" 22'48" 22'56" 23'04"

168

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

exit

New Gm riff fast (4x new riff speed)

Slowing gradually to ca 1/4th speed

ca 1/4th original speed

exit

exit

exit

exit

new riff, approx 4x new tempo

23'12" 23'20" 23'28" 23'36" 23'44" 23'52"

175

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

new riff, approx 4x new tempo

improv and develop new riff

improv and develop new riff

improv and develop new riff

improv and develop new riff

improv and develop new riff

free improv - antiphonic (respond to poems)

free improv - antiphonic (respond to poems)

free improv - antiphonic (respond to poems)

free improv - antiphonic (respond to poems)

free improv - antiphonic (respond to poems)

24'00" 24'08" 24'16" 24'24" 24'32" 24'40" 24'48" 24'56" 25'04"

181

Voice

25'12" 25'20" 25'28" 25'36" 25'44" 25'52" 26'00" 26'08" 26'16"

190

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

exit

exit

GUITAR SOLO

exit

VOICES IN THE STREET

exit

26'24" 26'32" 26'40" 26'48" 26'56" 27'04" 27'12" 27'20" 27'28"

199

Voice

208

LpTp

AMBIENT RHYTHM

28'40" 28'48" 28'56" 29'04" 29'12" 29'20" 29'28" 29'36" 29'44"

216

Voice

29'52" 30'00" 30'08" 30'16" 30'24" 30'32" 30'40"

225

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

RHYTHMIC FIGURE, RELATED TO LOOP

RHYTHMIC FIGURE, RELATED TO LOOP

RHYTHMIC FIGURE, RELATED TO LOOP

RHYTHMIC FIGURE, RELATED TO LOOP

DEVELOP LOOP

30'48" 30'56" 31'04" 31'12" 31'20" 31'28" 31'36" 31'44" 31'52"

232

Voice

32'00" 32'08" 32'16" 32'24" 32'32" 32'40" 32'48"

24/ Exit

Voice

Cb. Cl. Exit

E. Gtr. Exit

U. Bass Exit

LpTp apartment sounds Exit

Soft Percussion loop

pp

sing percussion line

pp



32'56" 33'04" 33'12" 33'20" 33'28" 33'36" 33'44" 33'52"

248

Cb. Cl. gentle answerphrases to voice, very spacious

E. Gtr. pp gentle answerphrases to voice, very spacious



34'00" 34'08" 34'16" 34'24" 34'32" 34'40" 34'48" 34'56"

256

Voice begin moving from percussion line to dialogue with guitar

Cb. Cl. begin to dialogue with voice

E. Gtr. begin playing, with loop

U. Bass begin playing, Underpin loop with sustained notes

LpTp

cresc poco a poco

cresc poco a poco

mp cresc poco a poco

mp cresc poco a poco

cresc poco a poco

35'04" 35'12" 35'20" 35'28" 35'36" 35'44" 35'52" 36'00" 36'08"

264

Voice *cresc molto* exact exit

Cb. Cl. *cresc molto* exact exit

E. Gtr. *cresc molto* Piano solo - ambient free

U. Bass *cresc molto* exact exit

LpTp *cresc molto* exact exit

36'16" 36'24" 36'32" 36'40" 36'48" 36'56" 37'04" 37'12" 37'20"

273

Voice

37'28" 37'36" 37'44" 37'52" 38'00" 38'08" 38'16" 38'24" 38'32"

282

E. Gtr. exit

LpTp Laptop solo

38'40" 38'48" 38'56" 39'04" 39'12" 39'20" 39'28" 39'36"

291

Voice

39'44" 39'52" 40'00" 40'08" 40'16" 40'24" 40'32" 40'40"

299

Cb. Cl. An argument between clarinet and guitar Resolution

E. Gtr. An argument between clarinet and guitar Resolution

U. Bass Bass joins the argument Resolution

LpTp (solo continues)

40'48" 40'56" 41'04" 41'12" 41'20" 41'28" 41'36" 41'44"

307

Voice: Free vocalise solo (40'48" - 41'36"), Breaking down (41'36" - 41'44")

Cb. Cl.: Groove rhythm (40'48" - 41'36"), Breaking down (41'36" - 41'44")

E. Gtr.: Groove rhythm (40'48" - 41'36"), Breaking down (41'36" - 41'44")

U. Bass: Groove rhythm (40'48" - 41'36"), Breaking down (41'36" - 41'44")

LpTp: Groove rhythm (40'48" - 41'36"), Breaking down (41'36" - 41'44")

41'52" 42'00" 42'08" 42'16" 42'24" 42'32" 42'40" 42'48"

315

Voice: chaos, fury (41'52" - 42'08"), slowing, fizzling out (42'16" - 42'32"), Very soft, spacious (42'40" - 42'48")

Cb. Cl.: chaos, fury (41'52" - 42'08"), slowing, fizzling out (42'16" - 42'32"), Very soft, spacious (42'40" - 42'48")

E. Gtr.: chaos, fury (41'52" - 42'08"), slowing, fizzling out (42'16" - 42'32"), Very soft, spacious (42'40" - 42'48")

U. Bass: chaos, fury (41'52" - 42'08"), slowing, fizzling out (42'16" - 42'32"), Very soft, spacious (42'40" - 42'48")

LpTp: chaos, fury (41'52" - 42'08"), slowing, fizzling out (42'16" - 42'32"), Breathing (42'40" - 42'48"), Very soft, spacious (42'40" - 42'48")

42'56" 43'04" 43'12" 43'20" 43'28" 43'36" 43'44" 43'52" 44'00"

323

Voice: Exit (43'52" - 44'00")

Cb. Cl.: Exit (43'44" - 43'52")

E. Gtr.: Exit (43'36" - 43'44")

U. Bass: Exit (43'28" - 43'36")

LpTp: ambient rhythm (43'20" - 44'00")

44'08" 44'16" 44'24" 44'32" 44'40" 44'48" 44'56" 45'04" 45'12"

332

Voice

E. Gtr.

U. Bass

Counter-melody - Bm

Melody - Bm

Underpin - Bm

45'20" 45'28" 45'36" 45'44" 45'52" 46'00" 46'08" 46'16" 46'24"

341

Voice

Cb. Cl.

E. Gtr.

U. Bass

Melody - Bm

exit

insomnine effects

insomnine effects

insomnine effects

insomnine effects

46'32" 46'40" 46'48" 46'56" 47'04" 47'12" 47'20" 47'28" 47'36"

350

Voice

Cb. Cl.

E. Gtr.

U. Bass

LpTp

fury, nightmare

exit

exit

exit

exit

STREET SOUNDS

fury, nightmare

exit

Soft Percussion loop

pp

pp

47'44" 47'52" 48'00" 48'08" 48'16" 48'24" 48'32" 48'40"

359

Cb. Cl.

E. Gtr.

pp

gentle answerphrases to voice, very spacious

gentle answerphrases to voice, very spacious

48'48" 48'56" 49'04" 49'12" 49'20" 49'28" 49'36" 49'44" 49'52"

367

Voice *cresc poco a poco*

Cb. Cl. *cresc poco a poco*

E. Gtr. *mp cresc poco a poco*

U. Bass *mp cresc poco a poco*

LpTp *cresc poco a poco*

begin moving from percussion line to dialogue with guitar

begin to dialogue with voice

begin playing, with loop

begin playing, Underpin loop with sustained notes



50'00" 50'08" 50'16" 50'24" 50'32" 50'40" 50'48" 50'56" 51'04"

376

Voice *cresc molto*

Cb. Cl. *cresc molto*

E. Gtr. *cresc molto*

U. Bass *cresc molto*

LpTp *cresc molto*

exact exit

exact exit

Piano solo - ambient free

exact exit

exact exit



51'12" 51'20" 51'28" 51'36" 51'44" 51'52" 52'00" 52'08" 52'16"

385

Voice



52'24" 52'32" 52'40" 52'48" 52'56" 53'04" 53'12" 53'20"

394

Cb. Cl. CLARINET solo

exit

53'28" 53'36" 53'44" 53'52" 54'00" 54'08" 54'16" 54'24" 54'32"

402

Voice: RESPOND TO CLARINET

Cb. Cl.: An argument between clarinet and guitar

E. Gtr.: JOIN DIALOGUE

U. Bass: UNDERPIN DIALOGUE

LpTp: (solo continues)

54'40" 54'48" 54'56" 55'04" 55'12" 55'20" 55'28" 55'36" 55'44"

411

Voice: Free vocalise solo

Cb. Cl.: Resolution, Groove rhythm

E. Gtr.: Resolution, Groove rhythm

U. Bass: Bass joins the argument, Resolution, Groove rhythm

LpTp: Groove rhythm

55'52" 56'00" 56'08" 56'16" 56'24" 56'32" 56'40" 56'48" 56'56"

420

Voice: Breaking down, chaos, fury, slowing, fizzling out

Cb. Cl.: Breaking down, chaos, fury, slowing, fizzling out

E. Gtr.: Breaking down, chaos, fury, slowing, fizzling out

U. Bass: Breaking down, chaos, fury, slowing, fizzling out

LpTp: Breaking down, chaos, fury, slowing, fizzling out

57'04" 57'12" 57'20" 57'28" 57'36" 57'44" 57'52" 58'00" 58'08"

429

Voice *Very soft, spacious*

DECRESC TO END

Cb. Cl. *Very soft, spacious*

DECRESC TO END

E. Gtr. *Very soft, spacious*

DECRESC TO END

U. Bass *Very soft, spacious*

DECRESC TO END

LpTp *Breathing*

DECRESC TO END

DECRESC TO END



58'16" 58'24" 58'32" 58'40" 58'48" 58'56" 59'04"

438

Voice

445

Voice



59'12" 59'20" 59'28" 59'36" 59'44" 59'52" 1:00'00"